

## **COMMUNITY REACH**



### 117 MEMBERS

Ages 6 - 18 24 Teens 63 Males 54 Females 30 Average Daily Attendance



#### 78%

Qualify for free or reduced price lunches



#### 334

Meals served in 2021

1.112

Snacks served in 2021

Since 2007, the Boys & Girls Club of Little Falls has been dedicated to providing hope and opportunity for youth in our community. Our mission is to empower all youth, especially those who need us most, to reach their full potential.

We provide nationally tested and proven programs in the areas of education, health, the arts, workforce development, drug and alcohol prevention, leadership development, and sports and recreation. These programs address today's most pressing youth issues teaching young people the skills they need to succeed in life.

### **HOURS**

School year: 2 - 6 p.m.

Summer: 7:30 a.m. - 5:30 p.m.





# **OUR PROGRAMS**

#### **POWER HOUR**

This program provides Club professionals with strategies, activities, resources and information to create an engaging homework help and tutoring program that encourages Club members to become self-learners.

### **SMART MOVES**

This nationally acclaimed comprehensive prevention program helps young people improved emotional wellness, build healthy relationships, and resist alcohol, tobacco and other drug use. SMART Moves features engaging, interactive, small-group activities that increase participants' peer support, enhance their skills, build their resiliency and strengthen their leadership skills.

#### **CAREER LAUNCH**

Career Launch encourages Club members to assess their skills and interests, explore careers, make sound educational decisions and prepare to join our nation's ever-changing work force. Club staff work with teens individually or in small groups to build their job-search skills and job readiness.

#### THE ARTS

The arts enable youth to develop their creativity and cultural awareness through knowledge and appreciation of visual arts, crafts, sculpture, photography, music, dance and performing arts, and more.

# **OUR IMPACT**

Brodrik has been a Club youth for more than 4... years. When he started falling behind in his school work, his mom and dad turned to the Club for help. The Club staff contacted the teacher and found out he was throwing his homework away or not telling the staff he had any. After the staff met with the teacher and his parents, they made a plan to help Brodrick achieve academic success. The teacher emailed Club staff when he had homework and what the assignment was. After about 2 months of working with Brodrik, he caught up in school and began to understand the importance of doing homework.



# **ALUMNI STORY**

Andrea L. was our 2019 Youth of the Year. She is currently working as a manager at Coborn's in Little Falls. She got her degree in business management form the Harvard School of Business online program. She has also continued to grow as an owner of her own business called Threads from the heart, which she started when the pandemic hit. She made hundreds of homemade masks and donated them local senior living facilities and CHI St. Gabriel's Hospital. The inspiration she got from donating the masks helped her push to do more in her business.